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FOR IMMEDIATE RELEASE

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FREEWALKERS TO THE RESCUE

*Public invited to "Walk to the Rescue" at the seventh Annual
"The Endless Summer Walk" on September 23rd*

Asbury Park, NJ - The FreeWalkers, a social network of long-distance walkers, aims to extend the summer of 2017 for the seventh year in a row by walking 30 miles near the coast from Matawan to Asbury Park on Saturday, September 23, 2017, along trails, sidewalks and boardwalk. It's a time when summer still lingers in the air and memories of plentiful food, beaches and scenery still come to mind.



The event is FREE, open to the public and this year supports The **Jersey Shore Rescue Mission**, an organization that the homeless, helpless, and hopeless of Monmouth County 365 days a year. Paul Kiczek, project leader for the FreeWalkers and resident of Morristown, NJ, says, "We are continuing the tradition set 7 years ago by walking along the 15 miles along the bay and 15 miles along the ocean. Each year we try invite the public to join with us for the challenge and experience of helping others."

Starting at the Aberdeen/Matawan train station, the "**Endless Summer Walk**" (<http://endlesssummerwalk.org>) will follow the North Section of the **Henry Hudson Trail** for the first half of the walk, heading eastward to Sandy Hook. This multi-use trail is a 10-foot wide paved surface for most of its length, built on old railroad bed that once took vacationers to the Atlantic Highlands area.

One of the most beautiful sections of the walk is the Bayshore Trail a 1.4 mile section along the shore of Atlantic Highlands. It has been nearly fully restored allowing walking near the water to the Highlands.

Once over the Highlands Bridge, walkers follow the oceanfront all the way to Asbury Park, where they can join the post-event party then board NJ Transit trains back to the starting point. FreeWalker events are planned to minimize impact on the environment and utilize mass transportation. This is a non-competitive event offering alternatives to walk shorter distances yet participate during the event. It is free and open to the public.

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The walk supports The **Jersey Shore Rescue Mission** (<http://jsrescue.org>), a non-profit organization providing "a life boat to the least, the last, and the lost."



The **Endless Summer Walk** is a FreeWalkers distance walking event. For more info and to register for the event visit <http://endlesssummerwalk.org>. To learn more about the **FreeWalkers** visit <http://freewalkers.org>.





FreeWalkers gather at start of The Endless Summer Walk – September 27, 2014



Bayshore Marsh